



Cub Scout Sports



Volleyball

U.S. SCOUTING SERVICE PROJECT -- [HTTP://USSCOUTS.ORG](http://USSCOUTS.ORG)

Print these Requirements

Belt Loop

Complete these three requirements:

1. Explain the rules of volleyball to your leader or adult partner.
2. Spend at least 30 minutes practicing skills to play the sport of volleyball.
3. Participate in a volleyball game.

Sports Pin

Earn the Volleyball belt loop, and complete five of the following requirements:

1. Compete in a pack, school, or community volleyball tournament.
 2. Demonstrate skill in two volleyball passing techniques: forearm pass and overhead pass (setting).
 3. Demonstrate skill in two volleyball serving techniques: underhand and overhand.
 4. Spend at least 90 minutes in practice to develop individual skills for volleyball. Make a chart to record your practice efforts.
 5. Explain how volleyball matches are scored, including the terms side-out and rally scoring.
 6. Accurately lay out a volleyball court.
 7. Play five games of volleyball.
 8. Officiate at least three games of volleyball.
 9. Explain the importance of good sportsmanship.
 10. Attend a high school, college, or professional volleyball game.
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